

CERTIFICATE

OF PARTICIPATION

This is to certify that

Joao Henriques

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 02:08:27

PACE 09:51/km

OVERALL 92 of 108

GENDER 61 of 69

50 - 59 7 of 9

27 January 2019, Sun

Date



BoutTime